

# News Release

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## Mother-Daughter Book Club Planner Guides Simplify Meeting Prep

In all her years hosting meetings for the members of her two mother-daughter book clubs, Cindy Hudson would have loved to have had a kit that put everything she needed at her fingertips. Instead, the author of *Book by Book: The Complete Guide to Creating Mother-Daughter Book Clubs* and creator of [MotherDaughterBookClub.com](http://MotherDaughterBookClub.com), developed her own discussion questions, activities, and recipes to engage the members of her reading groups.

Based on her experience, Hudson thought other moms could benefit from the expertise she gained along the way. To that end, she has developed a series of meeting planner guides for some of her favorite titles for reading groups with girls aged 9 to 12. Each guide features everything needed to pull off a great meeting and discussion: a book review, an original interview with its author, simple activities, discussion questions, and recipes.

“Busy moms often don’t have time or access to authors when planning their book club meetings,” said Hudson. “These guides give them plenty of options for food to satisfy various tastes, games and activities the girls will love, and insight into the author of the book they read.”

The series currently consists of 13 titles with more on the way. In addition, Hudson has published three collections—each featuring six titles—that book clubs can use to plan their entire year. The guides can be purchased as PDFs at [MotherDaughterBookClub.com](http://MotherDaughterBookClub.com), or in digital form at [Amazon.com](http://Amazon.com).

Cindy Hudson is a mother-daughter book club expert, a freelance journalist, and an editor who lives with her husband in Portland, Oregon. She founded [MotherDaughterBookClub.com](http://MotherDaughterBookClub.com) in 2007 to help moms and daughters find books that spark important discussions and forge stronger bonds. In her popular blog, Hudson offers reviews of new and classic books for young readers with frequent giveaways of new books. Her site also features author interviews, tips for book club members, recipes, and news on literacy. Her mission is to keep moms and daughters reading together for life.

Hudson is the author of *Book by Book: The Complete Guide to Creating Mother-Daughter Book Clubs* from Seal Press, which helps moms start their own book clubs and keep them thriving as their daughters grow.

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